

Troop 412 Gear Checklist - Cold Weather Camping

Essentials

- △ Trail Life Handbook
- △ Sleeping bag (Synthetic/Down Bag - rated at least to -15 or to 0 or second bag or liner)
- △ Sleeping pad (closed foam or air filled)
- △ Personal tarp
- △ Wool blanket (for sleep system layering)
- △ Personal First-aid kit
- △ Water bottles - 2 (One quart plastic, wide mouth, non-leaking, freezable).
- △ Flash light or headlamp with spare batteries (have 2 light sources)
- △ Pocketknife or multi-tool (Only if you have earned your Totin' Chip)
- △ Matches, matchless fire starter (Only if you have earned your Fireman Chit)
- △ Emergency blanket (Space blanket type)
- △ Sun protection
- △ Chapstick
- △ Compass
- △ Whistle (Pea-less)
- △ Rope - 30' paracord size
- △ Rope - 6' for knot practice
- △ Notebook, pen or pencil
- △ Day pack for day hike
- △ Trash bags to cover gear if it rains
- △ Prescription medication in labeled containers

Personal Hygiene

- △ Toothbrush, Toothpaste
- △ Soap
- △ Small Towel
- △ T.P (Toilet Paper-always have a small roll with you in a waterproof baggy)
- △ A small trowel for digging a latrine

Cooking and Eating Utensils

- △ Fork, Spoon, Knife (Plastic)
- △ Cup or Insulated Mug
- △ Personal mess kit

Optional Extras

- △ Bible
- △ Work Gloves (for service projects)
- △ Small Pillow
- △ Watch

Community gear provided by troop leadership:

- △ Tents, cook pots, stoves, wash bins

Clothing (see clothing specifics below)

CLOTHING SPECIFICS - Winter Camping Personal Equipment List

-Have at least two sets of each item unless noted otherwise, for when you get wet or sweaty.
A clean, dry change of Wicking/Warmth layers are required for a warm night's sleep.

Head:

- _____ Wool/fleece balaclava or beanie for day use
- _____ Silk/synthetic balaclava or beanie and neck gaiter for sleeping

Upper Body:

- _____ Long undershirt – polypropylene wicking layer
- _____ Wool/polypropylene/fleece shirt - medium weight
- _____ Wool/ fleece sweater or jacket - heavy weight
- _____ Wind jacket with hood - 60/40, nylon, Goretex-will double as rain jacket
- _____ Winter parka with hood - synthetic fill, nylon or Gore-tex outer

Shell Layer:

- _____ Waterproof/breathable jacket - nylon, Goretex - must fit over stacked layers
- _____ Rain pants - nylon, Goretex - must fit over stacked layers

Hands:

- _____ Glove liners - synthetic, polypropylene
- _____ Wool gloves/snow gloves or mittens

Lower Body:

- _____ Underwear
- _____ Long underwear - polypropylene - light to medium
- _____ Wool/pile pants/bibs or knickers - heavy
- _____ Overpants - insulated, synthetic fill ski pants (optional)

Feet:

- _____ Liner socks (thin) - polypropylene - 2+ pairs
- _____ Wool/pile Socks (heavy) - 4+ pairs
- _____ Snow boots (Sorel type, with removable liner)
- _____ Snow gaiters

FYI Scouts, the **ten essentials** should be with you in your pack on every outing. These essentials are listed in your scout handbook and will allow a scout to survive in the outdoors in most emergency situations.

1. ___ Pocketknife (w/ Totin' Chip)
2. ___ First aid kit
3. ___ Extra clothing
4. ___ Rain gear
5. ___ Water bottle (1 liter)
6. ___ Flashlight or headlamp
7. ___ Trail food
8. ___ Matches/Fire starter (w/ Firem'n Chit)
9. ___ Sun protection
10. ___ Map and compass